

## The Armor of God

Strategy Session, Week 6 – Day 29

1. If you've uncovered negative thought patterns in your life this week, can you pinpoint a specific happening in your life that may have given the enemy ample opportunity to perpetuate them? If you feel comfortable, prepare to share this with someone in your group or someone whom you trust.
  
2. Have you ever been (circle any that apply):
  - Belittled by peers?
  - Ignored by a parent?
  - Betrayed by a friend?
  - Bullied by the "mean girl"?
  - Laughed at by the cool crowd?
  - Abused at the hand of someone you trusted?
  - Hurt by a man?
  - Crippled by grief over the loss of a loved one?
  - Something else similarly upsetting?
  
3. For the next 7 days, try not to say or do anything in response to feelings of insecurity, fear, or really anything that is out of alignment with your true identity in Christ. You might be surprised at how quiet you become.

Now, gather your Actionable Intel from this week and create your prayer strategy! The enemy won't stand a chance against a praying woman like you.